

National Center on Deaf-Blindness



Transition Activities

Appearance Update

Topic:

Appearance Update will help your son/daughter develop skills and use the supports that will aid in employment success as an adult.

Overview:

Whether your son/daughter is in school, in the workforce, or in-between, attention to hygiene and appearance is always a good topic to come back to. Clothing styles change, hair styles change and sizes change. Time to update!

Outcomes for your child's transition development:

Your son/daughter will increase skills for selecting and caring for clothing and hygiene skills as a part of his/her daily routine in preparing for adult life in the community.

Activity Directions:

1. Your son/daughter should clean out closets and drawers, discarding anything that is worn out, doesn't fit or is terribly outdated and update his wardrobe.
 - a. Some people buy new underwear once a year as a matter of routine . . . not a bad idea to consider.
2. Does he/she need new interviewing clothes, or work clothes?
3. Check shoes for all the same reasons.
4. Do a hair check. Is it age-appropriate? Is it complimentary? If not, make an appointment and update!

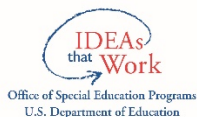
Ways to either Simplify or Increase Complexity:

Ideas for Simplifying Activity

N/A

Ideas for Increasing the Complexity of the Activity

N/A



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