

# National Center on Deaf-Blindness



## Transition Activities

### Dating Behaviors and Sexuality

#### Topic:

*Dating Behaviors and Sexuality* will help your son/daughter develop work related skills, particularly people skills, while practicing the social aspects of dating, which will have a positive impact on job success as an adult.

#### Overview:

We would be remiss not to address this important topic. Young adults need an understanding of the social aspects of dating and how it relates to them as they transition from adolescence to adulthood. The appropriateness of a young adult's behavior affects their acceptance in the community and in the work place. It can be grounds for being fired from a job.

#### Outcomes for your child's transition development:

Your son/daughter will increase in his/her ability to function appropriately in social settings, including dating situations.

#### Activity Directions:

Because this topic draws so strongly on individual family values, it will be quite general. Families can use the topics of consideration in the best way for their son's/daughter's unique needs. Check the resource section for help.

1. Here is what your son/daughter should work on and be able to do:
  - a. Choose age appropriate dating activities
  - b. Correctly invite someone on a date
  - c. React appropriately to being refused for a date
  - d. Appropriately respond to a date request
  - e. Identify appropriate touch and inappropriate behaviors and touch
  - f. Distinguish between wanted and unwanted advances
  - g. How to say "no".
  - h. Know some protective behaviors.

2. Consider getting connected with other parents of young adults who are deafblind. There are great resources to be found in other parents! Don't be caught unaware on this topic.

## Resources:

*Introduction to Sexuality Education for Individuals Who Are Deaf-Blind and Significantly Developmentally Delayed*

A book for parents and professionals, this text offers information and instructional guidance for delivering sex education to deaf-blind students who also have cognitive disabilities. Issues of self-expression related to gender identity, modesty, and appropriate touch are discussed. Specific instruction is included for menstruation, masturbation, hygiene, health, and sexual abuse <https://nationaldb.org/library/page/792>

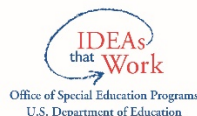
## Ways to either Simplify or Increase Complexity:

Ideas for Simplifying Activity

N/A

Ideas for Increasing the Complexity of the Activity

N/A



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